FACILITY OR	
INSTITUTION NAME:	

STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024

WICHTHOP		
OPERATION:		

WEEK 1

Jennifer Murphy, R.D., L.D./ N Public Health Nutrition Consultant

Roosevelt Petithomme, Bureau Chief Effective: 10/9/23 MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY BREAKFAST BREAKFAST BREAKFAST BREAKFAST BREAKFAST BREAKFAST BREAKFAST ea breakfast sausage patty (E) % c country meat gravy (E) scrambled eggs (E) scrambled eggs (E) c buttery oatmeal w/ brown sugar c buttery oatmeal w/ brown sugar c buttery oatmeal c buttery grits 1 c buttery oatmeal c bran flakes cereal c buttery grits ea pancakes (E) ea streusel coffee cake (E) (1/48 ea) ea blueberry muffin square (E) (1/48 ea) ea bran muffin square (1/48ea) ea tortillas ea hakery hiscuits (1/48 ea) ea bakery biscuits (1/48 ea) ea fresh fruit c Citrus Sunrise ea fresh fruit c Citrus Sunrise ½ c Citrus Sunrise canned or frozen fruit c Citrus Sunrise c coffee c coffee c coffee С coffee С coffee coffee c coffee c breakfast beverage c breakfast beverage 1 c breakfast beverage 1 c breakfast beverage 1 c breakfast beverage c breakfast beverage breakfast beverage oz syrup oz jelly oz jelly oz shredded cheese oz jelly ea sugar pk ea margarine No Alternate Entrée oz cheese* (AE) 2 oz cheese* (AE) LUNCH LUNCH LUNCH LUNCH LUNCH LUNCH ea meatloaf patty (E) oz peanut butter & jelly (E) (#12 disher) sloppy joe (E) ½ c tangy BBQ turkey E&P (E) ea buffalo chicken patty (E) ½ c southern BBQ (E) c sloppy joe (E) c mashed potatoes corn ½ c greens rice c mashed potatoes c potato salad dried beans ½ c carrots pasta salad dried beans baked beans c sweet peas c carrot sticks green beans ½ c shredded lettuce carrots c coleslaw vinaigrette c cabbage ea bread ea bread ea bread ea bread ea bread ea bread ea fudge brownie (1/48 cut) ea cookie ea cookie oz mustard ½ oz mavonnaise oz ketchup ⅓ oz mustard c fortified tea c fortified tea c fortified tea c fortified tea fortified tea c fortified tea c fortified tea c dried beans (AE) 1 c dried beans (AE) c baked beans (AE) No Alternate Entrée 1 c dried beans (AE) oz cheese* (AE) c dried beans (AE) DINNER DINNER DINNER DINNER DINNER DINNER DINNER ea meatballs (E) ea chicken leg quarter, herbed (E) taco skillet (E) ea country patty (E) ea fish patty (E) ea chicken sausage patty (E) ea pepper chicken patty (E) oz Italian red sauce cheesy grits c pasta salad c rice green beans c mixed vegetables c shredded lettuce С pasta broccoli c pasta ½ c dried beans С BBQ beans c dried beans С dried beans dried beans BBQ beans c mixed vegetables c creamy colesiaw c mixed vegetables c garden salad c cabbage ea bread ea sweet cornbread (1/48 cut) ea tortillas ea bread ea bread ea bread ea tortillas ea cake (1/48 cut) ea cookie ea cake (1/48 cut) ea cookie oz mustard fl oz tartar sauce oz mustard oz mustard oz ketchup oz ketchup fl oz dressing oz ketchup

E	denotes entree
ΑE	denotes alternate entree
ΑE	do not receive:
•	gravy
•	mustard or ketchup
•	cornbread or pan biscuit when
	alternate is peanut butter
Sal	t shall be offered

c fortified beverage

c dried beans (AE)

	Cheese as	Menu Item	
Menu calls for:	Sliced	← → OR, substitute	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.

c fortified beverage

1 c dried beans (AE)

c fortified beverage

ea bread

oz peanut butter (AE) (#12 disher)

All R.P

FL Department of Corrections Approval

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

fortified beverage

1 c dried beans (AE)

c fortified beverage

3 oz peanut butter (AE) (#12 disher)

Food Service Director

MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

fortified beverage

c BBQ beans (AE)

c fortified beverage

oz cheese* (AE)

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FACILITY OR	
INSTITUTION NAME:	

STATE OF FLORIDA **DEPARTMENT OF CORRECTIONS** MASTER MENU FY 2023-2024

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FL Department of Corrections Approval

WEEK 2

Effective: 10/9/23	Roosevelt Petithomme, Bureau Chief	-	WEEK 2	•	ဖြက်။ဖြင့် Murphy, R.D., L.D./ N မော်။င် Health Nutrition Consultant	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
c buttery oatmeal w/ brown sugar	2 ea breakfast sausage patty (E) 1 c buttery oatmeal	1 c buttery oatmeal w/ brown sugar	% c country meat gravy (E) 1 c buttery grits	2 ea breakfast sausage patty (E) 1 c buttery grits	1 c buttery oatmeal w/ brown sugar	% c scrambled eggs (E) 1 c bran flakes cereal
ea margarine						
sl french toast (E)	2 ea bakery biscuits (1/48 ea)	2 ea streusel coffee cake (E) (1/48 ea)	2 ea bakery biscuits (1/48 ea)	2 ea bran muffin squares (1/48 ea)	2 ea blueberry muffin squares (E) (1/48 ea)	2 ea bread
ea fresh fruit	½ c Citrus Sunrise	1 ea fresh fruit	½ c Citrus Sunrise	½ c Citrus Sunrise	½ c canned or frozen fruit	½ c Citrus Sunrise
c coffee	1 c coffee	1 c coffee	1 c coffee	1 c coffee	1 c coffee	1 c coffee
c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage
oz syrup	½ oz jelly		½ oz jelly (#60 disher)	½ oz jelly		½ oz jelly (#60 disher)
ea sugar pk	2 ea sugar pk	2 ea sugar pk	2 ea sugar pk	2 ea sugar pk	2 ea sugar pk	2 ea sugar pk
No Alternate Entrée	2 oz cheese* (AE)	No Alternate Entrée	2 oz cheese* (AE)	2 oz cheese* (AE)	No Alternate Entrée	No Alternate Entrée
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
ea crispy chicken patty (E)	3 oz peanut butter & jelly (E) (#12 disher)	1 c turkey (E&P) fried rice	1 c frito pie	2 oz luncheon meat (E)	1 c shepherd stew (E)	½ c taco meat (E)
				1 oz cheese (E)	1 c mashed potatoes	% c rice
c rice	% c potato salad	1 c dried beans	1 c dried beans	1 c chips	1 c baked beans	1 c dried beans
c broccoli	½ c carrot sticks	½ c carrots	½ c greens	½ c shredded lettuce		½ c garden salad
c garden salad					1 oz shredded cheese*	1 oz shredded cheese*
ea bread	2 ea bread 1 ea cake (1/48 cut)	1 ea bakery biscuit (1/48 cut)	1 ea sweet cornbread (1/48 cut)	2 ea bread	1 ea bakery biscuits (1/48 cut)	2 ea tortillas
fl oz dressing	1 Ca Care (1/40 cat)	1 ea cookie		1 ea brownie (1/48 cut)	1 ea cookie	
oz mayonnaise				½ oz mayonnaise		
oz mustard				½ oz mustard		½ fl oz dressing
c fortified tea	1 c fortified tea	1 c fortified tea	1 c fortified tea	1 c fortified tea	1 c fortified tea	1 c fortified tea
c dried beans (AE)	No Alternate Entrée	1 c dried beans (AE)	1 c dried beans (AE)	3 oz cheese* (AE)	1 c baked beans (AE)	1 c dried beans (AE)
c dried bearis (AE)	No Alternate Entree	½ c rice (AE)	1 C uned beans (AE)	3 02 Cheese (AE)	½ c carrots (AE)	1 C dried beans (AE)
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
ea turkey hot dog (E)	1 ea chicken leg quarter, BBQ (E)	1 c chili mac (E)	1 ea charbroiled patty (E)	6 ea meatballs (E)	1 ea meatloaf patty (E)	1 ea zesty chicken patty (E)
c pasta and cheese	1 c garlic mashed potatoes		½ c corn	2 oz Italian red sauce		¾ c pasta salad
c dried beans	1 c dried beans	1 c dried beans	1 c dried beans	3/4 c pasta	% c rice	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
c carrot coleslaw	½ c mixed vegetables	½ c mixed vegetables	½ c shredded lettuce	½ c green beans	½ c carrots	
			3 ea pickle chips	½ c garden salad		½ c shredded lettuce
ea bread	1 ea garlic roll	2 ea bread	2 ea bread	1 ea garlic biscuit (1/48 cut)	2 ea bread	2 ea bread
ea cookie	2 co garneron	2 CG Sread	1 ea cookie	1 ea cake (1/48 cut)	E CG Bread	1 ea cake (1/48 cut)
Ca COOME			1 Ca COOKIE	1 Ca Care (1/40 Cut)		1 Ca Care (1/40 cut)
oz mustard			½ oz mustard		⅓ oz mustard	1/4 oz mustard
oz ketchup			½ oz ketchup	½ floz dressing	½ oz ketchup	½ oz mayonnaise
c fortified beverage	1 c fortified beverage	1 c fortified beverage	1 c fortified beverage	1 c fortified beverage	1 c fortified beverage	1 c fortified beverage
c dried beans (AE)	3 oz peanut butter (AE) (#12 disher)	1 c dried beans (AE)	3 oz peanut butter (AE) (#12 disher)	1 c dried beans (AE)	1 c dried beans (AE)	3 oz cheese* (AE)
• ,	2 ea bread	½ c pasta (AE)	,		` ′	1 ' '
			1	1	1	1

-	denotes entree
ΑE	denotes alternate entree
ΑE	do not receive:
•	gravy
•	mustard or ketchup
•	cornbread or pan biscuit when
	alternate is peanut butter
Salt	t shall be offered

Menu calls for:	Sliced	← → OR, substitute	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.

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as written unless otherwise noted

MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

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FACILITY OR	
INSTITUTION NAME:	

Effective: 10/9/23

STATE OF FLORIDA **DEPARTMENT OF CORRECTIONS** MASTER MENU FY 2023-2024

MONTH OF
OPERATION:

FL Department of Corrections Approval Roosevelt Petithomme, Bureau Chief

WEEK 3

nnifer Murphy, R.D., L.D./ N blic Health Nutrition Consultant

,,,,,						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					-	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	2 ea breakfast sausage patty (E)		% c country meat gravy (E)	⅓ c scrambled eggs (E)		1/s c scrambled eggs (E)
1 c buttery oatmeal w/ brown sugar	1 c buttery oatmeal	1 c buttery oatmeal w/ brown sugar	1 c buttery grits	1 c buttery oatmeal	1 c bran flakes cereal	1 c buttery grits
2 ea pancakes (E)		2 ea streusel coffee cake (E) (1/48 ea)			2 ea blueberry muffin square (E) (1/48 ea)	2 ea bran muffin square (1/48ea)
	2 ea bakery biscuits (1/48 ea)		2 ea bakery biscuits (1/48 ea)	2 ea tortillas		
1 ea fresh fruit	½ c Citrus Sunrise	1 ea fresh fruit	½ c Citrus Sunrise	½ c Citrus Sunrise	½ c canned or frozen fruit	½ c Citrus Sunrise
1 c coffee	1 c coffee	1 c coffee	1 c coffee	1 c coffee	1 c coffee	1 c coffee
1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage
2 oz syrup	½ oz jelly		½ oz jelly	1 oz shredded cheese		½ oz jelly
2 ea sugar pk	2 ea sugar pk	2 ea sugar pk	2 ea sugar pk	2 ea sugar pk	2 ea sugar pk	2 ea sugar pk
1 ea margarine						
No Alternate Entrée	2 oz cheese* (AE)	No Alternate Entrée	2 oz cheese* (AE)	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1 ea pepper chicken patty (E)	3 oz peanut butter & jelly (E) (#12 disher)	1 c western chili (E)	1 c shepherd stew (E)	2 oz luncheon meat (E)	1 ea chicken sausage patty (E)	1 c chili mac (E)
¾ c pasta		% c rice	1 c mashed potatoes	1 oz cheese (E)	¾ c rice	
½ c mixed vegetables	¾ c potato salad	½ c corn	1 c dried beans	% c pasta salad	1 c dried beans	1 c dried beans
	½ c carrot sticks	½ c garden salad		½ c shredded lettuce	½ c mixed vegetables	½ c coleslaw vinaigrette
2 ea bread	2 ea bread	1 ea southern cornbread (1/48 cut)	1 ea bakery biscuit (1/48 cut)	2 ea bread	2 ea bread	1 ea southern cornbread (1/48 cut)
			1 oz shredded cheese*			
	1 ea cookie			1 ea fudge brownie (1/48 cut)	1 ea cookie	
¼ oz mustard				1/s oz mayonnaise	⅓ oz mustard	
⅓ oz ketchup		1/2 oz dressing		1/s oz mustard	⅓ oz ketchup	
1 c fortified tea	1 c fortified tea	1 c fortified tea	1 c fortified tea	1 c fortified tea	1 c fortified tea	1 c fortified tea
1 c dried beans (AE)	No Alternate Entrée	1 c dried beans (AE)	1 c dried beans (AE)	3 oz cheese* (AE)	1 c dried beans (AE)	1 c dried beans (AE)
			½ c carrots (AE)			½ c pasta (AE)
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
6 ea meatballs (E)	1 ea chicken leg quarter, herbed (E)	1 ea 100% beef patty (E)	1 ea country patty (E)	1 ea fish patty (E)	1 ea meatloaf patty (E)	3 oz peanut butter & jelly (E) (#12 disher
2 oz country gravy	% c yellow rice		¾ c rice	% c cheesy grits	% c garlic mashed potatoes	
1 c dried beans	1 c dried beans	1 c dried beans	1 c dried beans	1 c baked beans	¾ c pasta salad	% c pasta salad
% c garlic mashed potatoes		% c scalloped potatoes	½ c carrots		½ c carrots	½ c carrot sticks
½ c cabbage	½ c greens	½ c coleslaw vinaigrette	½ c garden salad	½ c creamy coleslaw		
2 ea bread	1 ea sweet cornbread (1/48 cut)	2 ea bread	2 ea bread	2 ea bread	2 ea bread	2 ea bread
			2 oz country gravy			
1 ea cake (1/48 cut)		1 ea cookie				
		⅓ oz mustard		½ fl oz tartar sauce	⅓ oz mustard	1 ea cookie
		⅓ oz ketchup	½ floz dressing		⅓ oz ketchup	
1 c fortified beverage	1 c fortified beverage	1 c fortified beverage	1 c fortified beverage	1 c fortified beverage	1 c fortified beverage	1 c fortified beverage
1 c dried beans (AE)	3 oz peanut butter (AE) (#12 disher)	3 oz peanut butter (AE) (#12 disher)	3 oz peanut butter (AE) (#12 disher)	1 c baked beans (AE)	1 c dried beans (AE)	No Alternate Entrée
	2 ea bread					

E	denotes entree
ΑE	denotes alternate entree
ΑE	do not receive:
•	gravy
•	mustard or ketchup
•	cornbread or pan biscuit when
	alternate is peanut butter
Sal	t shall be offered

	Cheese as	Menu Item	
Menu calls for:	Sliced	← → OR, substitute	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.

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reviewed monthly and is served
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Food Service Director

MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

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FACILITY OR	
INSTITUTION NAME:	

STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024

WEEK 4

MONTH OF	
OBERATIONS	

RATION:

FL Department of Corrections Approval

Effective: 10/9/23 Roosevelt Petithomme, Bureau Chief

Jønniger Murphy, R.D., L.D./
Public Health Nutrition Cons

Lifettive : 10/3/23	,					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	2 ea breakfast sausage patty (E)		% c country meat gravy (E)	2 ea breakfast sausage patty (E)		½ c scrambled eggs (E)
c bran flakes cereal	1 c buttery oatmeal	1 c buttery oatmeal w/ brown sugar	1 c buttery grits	1 c buttery grits	1 c buttery oatmeal w/ brown sugar	1 c buttery grits
ea margarine					2 ea blueberry muffin squares (E) (1/48 ea)	
sl french toast (E)	2 ea bakery biscuits (1/48 ea)	2 ea streusel coffee cake (E) (1/48 ea)	2 ea bakery biscuits (1/48 ea)	2 ea bran muffin squares (1/48 ea)		2 ea bread
ea fresh fruit	½ c Citrus Sunrise	1 ea fresh fruit	½ c Citrus Sunrise	½ c Citrus Sunrise	½ c canned or frozen fruit	½ c Citrus Sunrise
c coffee	1 c coffee	1 c coffee	1 c coffee	1 c coffee	1 c coffee	1 c coffee
c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage
oz syrup	½ oz jelly		½ oz jelly	½ oz jelly		½ oz jelly
ea sugar pk	2 ea sugar pk	2 ea sugar pk	2 ea sugar pk	2 ea sugar pk	2 ea sugar pk	2 ea sugar pk
No Alternate Entrée	2 oz cheese* (AE)	No Alternate Entrée	2 oz cheese* (AE)	2 oz cheese* (AE)	No Alternate Entrée	No Alternate Entrée
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
c mac and cheese casserole (E)	1 ea buffalo chicken patty (E)	1 c yakisoba (E)	½ c sloppy joe (E)	1 ea zesty chicken patty (E)	1 c western chili (E)	½ c taco meat (E)
			¾ c rice	% c pasta salad	¾ c rice	¾ c rice
c dried beans	¾ c creamy pasta	1 c dried beans	1 c baked beans	·		1 c dried beans
c mixed vegetables	½ c shredded lettuce	½ c coleslaw vinaigrette	½ c corn	½ c shredded lettuce	½ c carrots	½ c shredded lettuce
3						1 oz shredded cheese*
ea bakery biscuits (1/48 cut)	2 ea tortillas	2 ea bread	2 ea bread	2 ea bread	1 ea southern cornbread (1/48 cut)	2 ea tortillas
, , , , , , , , , , , , , , , , , , , ,					, , , , , , , , , , , , , , , , , , , ,	
	1 ea fudge brownie (1/48 cut)	1 ea cake (1/48 cut)		1 ea cake (1/48 cut)	1 ea cookie	1 ea cookie
	½ oz mustard			½ oz mustard		1 cd coome
	1/s oz mayo			½ oz ketchup		
c fortified tea	1 c fortified tea	1 c fortified tea	1 c fortified tea	1 c fortified tea	1 c fortified tea	1 c fortified tea
c dried beans (AE)	3 oz cheese* (AE)	1 c dried beans (AE)	1 c baked beans (AE)	3 oz cheese* (AE)	1 c dried beans (AE)	1 c dried beans (AE)
c pasta	o or energy (viz)	½ c pasta (AE)	2 Saked Sealis (NE)	S OF theese (AE)	a dired bearis (vie)	1 c and seans (viz)
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
ea charbroiled patty (E)	1 ea chicken leg quarter, cajun (E)	6 ea meatballs (E)	1 ea fish patty (E)	1 ea meatloaf patty (E)	1 ea chicken sausage patty (E)	1 ea charbroiled patty (E)
c garlic mashed potatoes		2 oz Italian red sauce	¾ c cheesy grits	2 oz country gravy	% c rice	% c pasta & cheese
c shredded lettuce	¾ c rice	% c pasta	1 c dried beans	% c mashed potatoes	1 c ranch beans	
ea pickle chips	1 c dried beans	½ c mixed vegetables	½ c greens	1 c chili beans	½ c creamy coleslaw	½ c carrots
	½ c carrots	½ c garden salad		½ c green beans		
ea bread		½ oz dressing				
ea cookie	1 ea sweet cornbread (1/48 cut)	1 ea bakery biscuits (1/48 cut)	2 ea bread	1 ea sweet cornbread (1/48 cut)	2 ea bread	2 ea bread
				1 ea fudge brownie (1/48 cut)		
oz mustard					1/4 oz mustard	½ oz mustard
oz ketchup			½ fl oz tartar sauce		⅓ oz ketchup	⅓ oz mayo
c fortified beverage	1 c fortified beverage	1 c fortified beverage	1 c fortified beverage	1 c fortified beverage	1 c fortified beverage	1 c fortified beverage
oz peanut butter (AE) (#12 disher)	3 oz peanut butter (AE) (#12 disher)	1 c dried beans (AE)	1 c dried beans (AE)	1 c chili beans (AE)	1 c ranch beans (AE)	3 oz cheese* (AE)
. , , , , , , , , , , , , , , , , , , ,	2 ea bread	1	` '	` '	` '	` '

_	deliotes elitiee
ΑE	denotes alternate entree
ΑE	do not receive:
•	gravy
•	mustard or ketchup
•	cornbread or pan biscuit when
	alternate is peanut butter
Salt	t shall be offered

-	Cheese as	Menu Item	
Menu calls for:	Sliced	OR, substitute	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.

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